

# Scottish and Borders Birankai Spring Camp 2026

Our Camp will be held at Carronvale House, Carronvale Road, Larbert, Stirlingshire, FK5 3LM from Saturday 23 May to Monday 25 May 2026. The property is the headquarters of The Boys Brigade in Scotland and provides accommodation in a mix of two, three and four-bed rooms, all en-suite.

Meals will be served to residential students and an optional box lunch will be provided on the final day. We will have full use of the grounds throughout our stay, which includes a beautiful garden, tennis court and 5-a-side football pitch. Meals are available for non-students if booked ahead of time (£10 per meal).

Training will be based on the Four Pillars of Chiba Sensei's Aikido teaching:



The course will include directed training for teachers. Instructors are asked to reflect on key weaknesses in their body art, weapons and Iai Batto Ho training. This will be used to construct an additional teachers' programme, which will run concurrent with the standard course.

	AM	PM
Saturday, 23 May		1400-1800
Sunday, 24 May	0730-1230	1430-1830
Monday, 25 May	0730-1230	

Accommodation + Meals	Training	
1 night + 3 meals: £80	Saturday Only:	1 Block = £50
2 nights + 6 meals: £160	Sunday Only:	2 Blocks = £80
	Monday Only:	1 Block = £50
	Full Weekend:	4 Blocks = £140

Please identify any special dietary requirements at booking (e.g.: vegetarian or gluten intolerant, sorry we are unable to cater for vegan).

For more information and to book a place on the course please contact Paul Goatman: [paul.goatman@gmail.com](mailto:paul.goatman@gmail.com) / 07789901097.